

Hearts and Hands Therapy Services, Inc.

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Occupational Therapist

0 months -1 year

- Poor response to sounds, smiles, people, affection
- Does not make sounds: coos, vowel sounds, babble
- Poor coordination: does not bring hand to mouth, unable to hold head steady, cannot roll over, cannot sit or bear weight
- Rigid or floppy body
- Does not watch objects with their gaze

1 year-18 months

- Does not crawl, stand, or walk
- Does not use words
- Does not "seek" things, does not use gestures

18 months -2 years

Cannot walk

- Seems disinterested
- Does not play
- Does not make eye contact

2 years -4 years

- Does not use phrases or sentences
- Cannot follow instructions
- Poor motor skills
- Excessively clumsy

4-6 years

- Resists getting dressed, using the toilet, and bedtime
- Does not follow a 3-part instruction
- Extreme fear or aggression
- Cannot differ between real and imaginary
- Easily distracted

Important Note at All Stages

of Development: If child loses skills they once had or shows signs of developmental regression, a parent or caregiver should consider seeking a physician and appropriate therapist

<u>Speech Therapist</u> <u>0 months – 3 months</u>

- Not smiling or playing
- Disinterest in sounds
- Problems sucking, latching, or swallowing

<u>4 months – 1 year</u>

- Not babbling
- Lack of attention
- Not using gestures
- No name response

<u>1-2 years</u>

- Not putting two words together
- Prefers gestures over vocalizations
- Trouble imitating sounds
- Not understanding others
- Not following simple directions
- Has an unusual tone of voice (raspy or nasal-y)
- Problems with control and coordination of lips, tongue, and jaw

<u>2-3 years</u>

- Limited vocabulary
- Not saying any word combinations
- Not showing an interest in communication/play
- Can only imitate speech/actions and does not produce words/phrases spontaneously
- Being hard to understand, even to people who know the child well
- Having problems with early reading and writing

4 Years:

- Child is unable to follow longer directions
- Cannot understand words for order (first, last, next) or time (yesterday, today, tomorrow)

<u>Physical Therapist</u> 2 months-6 months

- Does not bring hand to mouth
- Unable to hold head up while on tummy
- Unable to turn head
- Jerky movements present
- Does not attempt to bear weight through legs
- Does not push up on elbows when on tummy
- Does not track or watch objects as they move
- Unsteady without support

<u>6 Months – 18 months</u>

- Does not roll over
- Does not support weight with legs when standing
- Does not attempt to reach
- Does not crawl, pull to stand, or sit without support
- Does not cruise along furniture

<u>18 months – 2 years</u>

- Unable to walk
- Unable to pull toys along during play
- One walking speed

2-3 years

- Trips often/unsteady gait
- Unable to crawl up and down furniture
- Does not attempt to kick stationary ball

<u>3-4 years</u>

- Falls frequently
- Unable to run, walk a straight line, use stairs
- Cannot pedal tricycle

<u>4-6 Years</u>

- Cannot jump in place
- Unable to hop and stand on one foot for 2 seconds
- Unable to catch a ball
- Does not skip/gallop
- Poor balance
- Unable to do a somersault
- Does not swing and climb